

Looking for someone to talk to about substance use like opioids, meth, alcohol?

The contact on this card can help find a treatment option that best fits your needs. **The bridge to treatment starts here.**



**Call or text Sandi Apodaca
Patient Navigator
Cell: (707) 333-0601
Office: (707) 638-5821**

We want to help you. *Nosotros queremos ayudarte.*

Get the information you need when YOU are ready.

Obtenga la información que necesita cuando USTED esté listo.

Start by talking to someone who understands and knows about treatment options. *Comience hablando con alguien que entienda y sepa sobre las opciones de tratamiento.*

Your call is confidential. *Tu llamada es confidencial.*



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